Dockter, St. Thomas trio headlines 2014-15 MIAC Women's Basketball Awards

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BLOOMINGTON, Minn. -- The University of St. Thomas women's basketball season has been a picture of perfection during an undefeated campaign that yielded both Minnesota Intercollegiate Athletic Conference (MIAC) regular-season and Playoff championships. The Tommies' celebration continued Thursday with the announcement of the 2014-15 MIAC Women's Basketball Awards, as UST swept the top three individual honors.

Senior guard Jenna Dockter (Apple Valley, Minn./Eastview) starred for St. Thomas all season, and received the MIAC's top honor as the conference's Player-of-the-Year. Teammate and fellow senior Elaine Warner (Rosemount, Minn.) was recognized as the MIAC's top reserve with the Sixth Player-of-the-Year award, and the woman leading it all - Head Coach Ruth Sinn (10th season) - received the MIAC Coach-of-the-Year honor from her peers.



In addition to the individual honors, the MIAC also announced the All-Conference Team, All-Defensive Team, All-Rookie Team, All-Conference Honorable Mention selections and the All-MIAC Sportsmanship Team. All awards are nominated and voted on by the MIAC's 12 head coaches.

The Tommie trio received their honors for their individual accomplishments, but also largely in recognition of one of the best regular-season team performances in MIAC history. St. Thomas will enter the NCAA Division III tournament with a perfect 27-0 record after going 25-0 in the regular season, 18-0 in MIAC play and 2-0 in the MIAC Playoffs to capture a fourth-straight conference postseason crown. This marks just the seventh time a MIAC champion went unscathed in conference play, and just the second time a St. Thomas team - joining the 1991-12 squad - completed the regular season with a perfect 25-0 mark.



Jenna Dockter received MIAC Playerof-the-Year honors for her role in St. Thomas' perfect 25-0 regular season. (Photo by Matt Higgins, MIAC)

Dockter did a little bit of everything for St. Thomas in 2014-15, as she received the league's top individual honor while leading her team to its perfect regular season. She's the first Tommie to win Player-of-the-Year honors since Carrie Embree in 2007-08. The senior also received her second career All-MIAC honor after also earning a spot on the All-Conference team in 2012-13. She also earned a spot on the MIAC All-Defensive Team this season, and recently received the conference's final Athlete-of-the-Week award of the season on Feb. 23.

This season, Dockter is averaging 13.9 points, 4.2 assists and 2.1 rebounds with 30 steals while shooting 49.4 percent from the floor and 75.8 percent from the line. She leads the MIAC in assists this season both in overall games (114) and in MIAC play (90). Overall, she ranks sixth in the MIAC in both field goal and three-point (36.2) percentage and ninth in free throw percentage. She's third in assist-to-turnover ratio (1.8) overall and even better (2.8, 2nd) in conference games, and she also ranks in the top 10 in the MIAC in scoring, field goals and free throws.

Warner received her honor as the MIAC's top reserve thanks to her contributions to St. Thomas' championship season off the bench. Warner averages 5.5 points, 3.2 rebounds and 1.3 assist per game while shooting 52 percent from the floor, 36.8 percent from behind the 3-point arc and 83.3 percent from the line. Warner ranks sixth in MIAC games only with a 1.6 assist-to-turnover ratio, and she has also collected 20 steals and 12 blocked shots.

Sinn celebrated her milestone 10th season leading the Tommies with an unforgettable run through the regular season, which has resulted in her third career MIAC Coach-of-the-Year honors. She previously received the same award in 2007-08 and 2011-12. Sinn reached the 200-win milestone this season and now has an overall record of 212-70 (.752) in her St. Thomas coaching career, and this year's team won the MIAC title by four games over second-place Bethel. This was Sinn's fourth MIAC regular-season title, and the team's fourth-straight MIAC Playoff crown.

Stats don't always tell the whole story, but they're pretty indicative of St. Thomas' dominance over the MIAC this season. In overall games, St. Thomas led the MIAC in scoring (70.3 ppg), field goal percentage (47.0), rebound margin (10.8), assists (16.3

per game), turnovers (13.9 per game) and points allowed (48.0 per game). Her team led the MIAC in those same categories in conference games only with slightly better marks (72.2 ppg, 47.7 field goal percentage, 10.9 rebound margin, 12.9 turnovers per game, 48.8 points allowed per game) nearly across the board.

The All-MIAC team included a trio of three-time honorees. St. Thomas' Maggie Weiers - also an All-Defensive selection - received her second-straight All-MIAC selection, and she was also honored in 2011-12. Bethel's Rachel Parupsky earned her third-straight All-MIAC and All-Defensive Team honors, and will have a chance to make it four-for-four on both squads next season. Hamline star Jordan Sammons also received her third-straight All-MIAC award, and her second All-Defensive honor after also earning that recognition in 2012-13.

Concordia's Alley Fisher and Bethel's Kalli Zimmermann each earned their second-straight All-MIAC honor, and Carleton's Skylar Tsutsui was recognized for the second time in her career, after also earning a spot on the All-Conference team in 2012-13. The only rookie on the All-MIAC team, Gustavus' Mikayla Miller, also received All-Rookie Team honors this season.

The Tommies lead the 18-player All-Conference team with four selections, and after that it was pretty balanced with 11 teams placing at least one player on the team. Bethel, Concordia, Gustavus and Augsburg each had two honorees and Saint Mary's, Saint Benedict, Hamline, St. Olaf, Carleton and St. Catherine each had one player selected. The team included eight seniors, five juniors, four sophomores and one first-year player.

As part of a conference-wide sportsmanship initiative, the MIAC also announced the ninth annual All-MIAC Sportsmanship team for women's basketball. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

2014-15 MIAC Women's Basketball Awards

Player-of-the-Year - Jenna Dockter, St. Thomas (Sr., Guard, Apple Valley, Minn. / Eastview) Sixth Player-of-the-Year - Elaine Warner, St. Thomas (Sr., Forward, Rosemount, Minn.) Coach-of-the-Year - Ruth Sinn, St. Thomas (10th season)

2014-15 MIAC Women's Basketball All-Conference Team

<u>Name</u>	<u>Team</u>	Year	<u>Position</u>	Hometown/Previous School
Betsey Daly	St. Olaf	So.	Forward	Rochester, Minn. / Lourdes
Jenna Dockter	St. Thomas	Sr.	Guard	Apple Valley, Minn. / Eastview
Alley Fisher	Concordia	Sr.	Guard	Fargo, N.D. / South
LaShay Holt	St. Catherine	So.	Guard	Minneapolis, Minn. / Humboldt
Erin Januschka	Concordia	Sr.	Forward	St. Cloud, Minn. / Cathedral
Lindsey Johnson	Gustavus	Jr.	Forward	Edina, Minn.
Jessica Lillquist	Augsburg	Jr.	Forward	Sebeka, Minn.
Mattie Lueck	Saint Benedict	Jr.	Forward	Pequot Lakes, Minn.
Abbey Luger	Augsburg	Sr.	Guard	Oakdale, Minn. / North St. Paul
Mikayla Miller	Gustavus	Fy.	Guard	Goodhue, Minn.
Rachel Parupsky	Bethel	Jr.	Center	Arden Hills, Minn. / Mounds View
Jordan Sammons	Hamline	Sr.	Guard	Burnsville, Minn. / Apple Valley
Emma Schaefer	Saint Mary's	So.	Guard	Roseville, Minn.
Anna Smith	St. Thomas	Sr.	Forward	Bloomington, Minn. / Jefferson
Katie Stone	St. Thomas	Jr.	Guard	Eau Claire, Wis. / Regis
Skylar Tsutsui	Carleton	Sr.	Guard	Northridge, Calif. / Harvard-Westlake
Maggie Weiers	St. Thomas	Sr.	Center	New Prague, Minn.
Kalli Zimmermann	Bethel	So.	Forward	Champlin, Minn. / Park

2014-15 MIAC Women's Basketball All-Defensive Team

<u>Name</u>	<u>Team</u>	<u>Year</u>	<u>Position</u>	Hometown/Previous School
Jenna Dockter	St. Thomas	Sr.	Guard	Apple Valley, Minn. / Eastview
Laura Margarit	St. Thomas	Sr.	Guard	Bloomington, Minn. / Holy Angels
Rachel Parupsky	Bethel	Jr.	Center	Arden Hills, Minn. / Mounds View
Jordan Sammons	Hamline	Sr.	Guard	Burnsville, Minn. / Apple Valley
Maggie Weiers	St. Thomas	Sr.	Center	New Prague, Minn.

<u>Name</u>	<u>Team</u>	Year	<u>Position</u>	Hometown/Previous School
Audra Clark	St. Catherine	Fy.	Guard	Kenyon, Minn. / Kenyon-Wanamingo
Niki Fokken	Saint Benedict	Fy.	Forward	Oronoco, Minn. / Pine Island
Regan Fruh	Macalester	Fy.	Center	Helena, Mont.
Molly O'Toole	Saint Mary's	Fy.	Forward	Plymouth, Minn. / Hopkins
Mikayla Miller	Gustavus	Fy.	Guard	Goodhue, Minn.

2014-15 MIAC Women's Basketball All-Conference Honorable Mention

<u>Name</u>	<u>Team</u>	<u>Year</u>	<u>Position</u>	Hometown/Previous School
Shelby Auseth	Saint Mary's	Jr.	Forward	Wanamingo, Minn. / Kenyon-Wanamingo
Chelsey Bonsante	Hamline	So.	Guard	Ironton, Minn. / Crosby-Ironton
Audra Clark	St. Catherine	Fy.	Guard	Kenyon, Minn. / Kenyon-Wanamingo
Nikki Frogner	St. Olaf	Sr.	Center	Scandia, Minn. / Providence Academy
Regan Fruh	Macalester	Fy.	Center	Helena, Mont.
Chloe Graves	Hamline	So.	Guard	Denver, Colo. / Kent
Olivia Johnson	Concordia	Jr.	Forward	Walcott, N.D. / Richland
Hannah Niewald	Bethel	Jr.	Guard	Fridley, Minn.
Molly O'Toole	Saint Mary's	Fy.	Guard	Plymouth, Minn. / Hopkins
Sydney Schultz	Bethel	Jr.	Guard	Dalton, Minn. / Fergus Falls

2014-15 Women's Basketball All-MIAC Sportsmanship Team

Augsburg - Jenna Orth (Jr., Melrose, Minn.)

Bethel - Kailey Eid (Sr., Big Lake, Minn.)

Carleton - Gabbi Stienstra (Jr., St. Paul, Minn. / Minnehaha Academy)

Concordia - Katie Rosenfeldt (Jr., Moorhead, Minn.)

Gustavus - Maddie Ehrich (Sr., Eden Prairie, Minn. / Lions Gate Christian Academy)

Hamline - Makenzie Lee (Sr., Coon Rapids, Minn. / Maranatha Academy)

Macalester - Annie Drabot (Sr., Cedarburg, Wis.)

Saint Benedict - Emily Lueck (Sr., Pequot Lakes, Minn.)

St. Catherine - Mari Lee (So., Dawson, Minn. / Dawson-Boyd)

Saint Mary's - Natalie Williams (Sr., Chicago, Ill. / De La Salle)

St. Olaf - Rachel Rongstad (Sr., Middleton, Wis.)

St. Thomas - Beth Wittry (Sr., Carroll, Iowa / Kuemper Catholic)

MIAC Women's Basketball Home Page